

# Training Schedule

July - December 2008



Trained. Empowered. Prepared.

*Helping Everyday  
People Save Lives*

- First Aid
- CPR/AED
- Emergency Response
- Professional Rescuer
- Babysitter's Training
- Water Safety
- Lifeguarding
- Pet First Aid
- Cursos en Español
- Workplace Training



Register at [www.greatercarolinasredcross.org](http://www.greatercarolinasredcross.org)

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**Family Caregiving and Certified Nursing Assistant Program  
Coming Soon!!**

# Registration Information

## Before Registering, Please Note . . .

- Register early, class size is limited.
- Payment must be made at time of registration. All major credit cards are accepted.
- Wear comfortable clothing; some classes involve kneeling and lying on the floor.
- Bring a lunch or plan to purchase your lunch off-site for full day classes.
- Request special needs accommodations at least two weeks prior to start of class by calling (704) 347-8214.
- Please make child care arrangements in advance; we do not allow participants to bring children to class.
- Consult your physician if you have any concerns about your ability to participate in courses that require strenuous activity such as CPR, First Aid, Lifeguard Training and Water Safety Instruction.

**REFUND POLICY:** Due to the restriction of class size and cost associated with insufficient course enrollment, **NO REFUNDS** will be issued.

**TRANSFER POLICY:** You will be assessed a \$10 Transfer Fee for all course transfer requests. Please notify a Customer Service Representative at least 5 full working days prior to the course start date so that we may fill your space and place you in an alternate course. We will make every effort to accommodate your transfer request; however a transfer may not be possible if made without sufficient advance notice.

**WITHDRAWAL/REPLACEMENT FEE:** Please remember, all course fees are NON-REFUNDABLE. You will be assessed a \$10 Withdrawal/Replacement Fee for any withdrawal request made less than 5 working days from the course start date (in addition to not receiving a refund of course fees). You may withdraw from a course and NOT be assessed a Withdrawal/Replacement Fee so long as you do so at least 5 working days prior to the course start date.

**CANCELLATION POLICY:** The Chapter reserves the right to cancel a class due to lack of adequate enrollment, Instructor emergencies, or in times of community emergencies. We will re-schedule you as quickly as possible into the next available class or give you a full refund of course fees.

## HOW TO REGISTER?

### Phone:



Call 704-347-8214 to register. Please be prepared to provide payment with a credit or debit card. Office hours are Monday through Friday 8:00am-5:00pm.

### In-Person:



Charlotte Headquarters & Lake Norman & Statesville Branch Offices (see page 6)  
Monday through Friday, 8:00am – 5:00pm.

### Mail:



Mail payment, **with completed registration form**, at least 14 days prior to class date to:

Greater Carolinas Chapter  
Health & Safety Department  
P.O. Box 36507  
Charlotte, NC 28236-6507

### Internet:



Visit our website, [www.greatercarolinasredcross.org](http://www.greatercarolinasredcross.org). Select *Get Trained* tab and proceed with registration. Be prepared to provide credit or debit card information.

# Registration Form

Greater Carolinas American Red Cross  
Health & Safety Department - **Registration Form**  
(Must be mailed at least 14 days prior to class start date)

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State: \_\_\_\_\_ Zip code: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Alternate Phone: \_\_\_\_\_

\*E-mail address: \_\_\_\_\_

I wish to enroll in the following class(es):

**Class Title:** \_\_\_\_\_

Class ID #: \_\_\_\_\_ Cost: \_\_\_\_\_ Date: \_\_\_\_\_ Location: \_\_\_\_\_

**Class Title:** \_\_\_\_\_

Class ID #: \_\_\_\_\_ Cost: \_\_\_\_\_ Date: \_\_\_\_\_ Location: \_\_\_\_\_

**For participants under the age of 18, please provide Emergency Contact information:**

**Name:** \_\_\_\_\_ **Emergency Phone Number:** \_\_\_\_\_

## Payment Information:

Check or money order enclosed       VISA       MC       AMEX

Total amount: \_\_\_\_\_

Credit/Debit Card number \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Name on Card: \_\_\_\_\_ Signature: \_\_\_\_\_

**\*Email Confirmation:** Upon receipt of payment confirmation, information will be sent via e-mail for the specific class date(s) as listed on this form. Any changes to registration must be made by calling (704)347-8214.

Greater Carolinas Chapter  
Health & Safety Department  
2425 Park Road / P.O. Box 36507\* Charlotte, NC 28236

# Class Information

## Red Cross Training Options:

- **On-Line training:** For individuals/groups that desire flexibility of online training and examination, and a condensed on-site skills session complete with instructor assessment of pertinent lifesaving skills. Visit our website for more details: [www.greatercarolinasredcross.org](http://www.greatercarolinasredcross.org). See Page 22 for details and requirements of On-Line Training.
- **Classroom course:** For individuals/groups that desire traditional classroom instruction.
- **Review:** For individuals that have taken the full course in the prior year. These courses are a shortened form of the basic level course. There is some instruction given to prepare students before skills and written tests. Participants must have the appropriate American Red Cross book and current certification for the particular review course being taken. Additional charges apply if a student needs to purchase a book. Please contact the H&S department at 704-347-8214 for more information.
- **Challenges:** For individuals/groups confident to prepare independently for a written examination in addition to Red Cross instructor assessment of pertinent lifesaving skills. See Page 23 for details and requirements of Challenge Courses.
- **Workplace training:** Offers flexible training programs that fit the needs of today's companies and their employees (Group of 8 or more). Learn why American Red Cross H&S classes are the ideal choice for your business. Call 704-347-8364 to speak with Mr. Connie Branch.

## What does my course fee include?

- Training by a Certified American Red Cross Instructor
- Course materials (Workbooks, Skills Cards, First Aid Supplies)
- Practice on lifelike manikins
- Course certification(s)
  - CPR/AED valid for 1 year
  - First Aid Valid for 3 years



# Class Locations

## Charlotte/Mecklenburg County

**Charlotte Headquarters:  
American Red Cross**  
2425 Park Road  
Charlotte, NC 28203  
(704) 347-8214

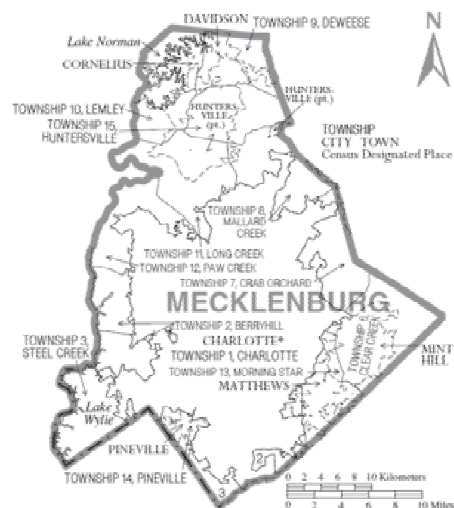
**UNC- Charlotte**  
Student Health Center  
9201 University City Blvd.  
Charlotte, NC 28262  
(call Charlotte Headquarters)

**Mallard Creek Recreation**  
2530 Johnston Oehler Road  
Charlotte, NC 28269  
(call Charlotte Headquarters)

**St. Matthew Catholic Church**  
8015 Ballantyne Commons Parkway  
Charlotte, NC 28277  
(call Charlotte Headquarters)

**Cokesbury United Methodist Church**  
6701 Idlewild Road  
Charlotte, NC 28212  
(call Charlotte Headquarters)

**North Lake Mall**  
6801 North Lake Mall Drive  
Charlotte, NC 28216  
(call Charlotte Headquarters)

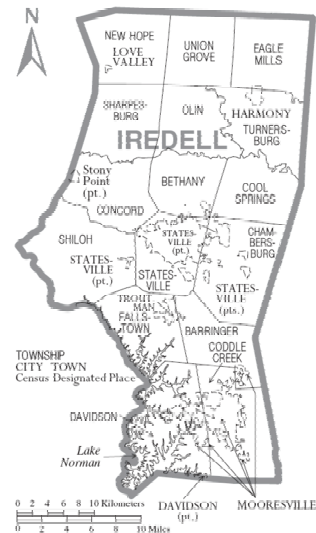


## Iredell County & North Mecklenburg

**Lake Norman Branch:  
American Red Cross**  
200 Overhill Drive, Ste. A  
Mooresville, NC 28117  
(704) 664-2500

**Statesville Branch:  
American Red Cross**  
1710 B Davie Ave.  
Statesville, NC 28677  
(704) 873-9751

**Huntersville Arts & Culture Center**  
109 S. Old Statesville Road  
Huntersville, NC 28078  
(call Lake Norman office)



American Red Cross Greater Carolinas Chapter

## CPR/AED and First Aid Courses

- A variety of Red Cross course combinations are available that provide the training that you need in First Aid; Adult, Child and Infant CPR; and Adult and Child AED. All of our courses reflect the latest science for First Aid, CPR and emergency cardiovascular care and meet OSHA Guidelines for First Aid. Our courses combine lecture, interactive video demonstration and hands-on training to teach participants lifesaving skills.
- Course participants also receive useful take-home materials that help them retain skills and serve as an excellent refresher and reference tool after training is complete.
- Cardiopulmonary resuscitation (CPR) courses prepare participants to perform rescue breathing, choking procedures, recognize cardiac emergencies and perform CPR.
  - Adult – anyone approximately 12 years old or older.
  - Child – anyone who appears to be between the ages of 1 and 12 years.
  - Infant – anyone who appears to be under 1 year of age.
- An Automated External Defibrillator (AED) is a computer operated device that automatically analyzes a heart's rhythm and delivers a shock if the rhythm is irregular. It allows the user to provide immediate assistance in the event of sudden cardiac arrest.
  - Adult – anyone who appears older than 8 years or more than 55 pounds.
  - Child – anyone between the ages of 1 and 8 years or less than 55 pounds.
- First Aid courses teach participants basic skills for treating various emergencies such as wounds, severe bleeding, shock, fractures, and temperature extremes.
- **Note: ® denotes a review class which is a shortened form of the basic level course. Students must bring their books to class and have current certification in the specified course.**
- *All courses 5 hours in length will have an extra 30 minute break and all course 6 hours in length or longer will have an extra hour lunch break added to the course times listed. Please note the timings of the breaks will be at the discretion of the instructor and class participants.*

### Adult CPR/AED \$45/\$35®

Participants learn adult CPR and AED skills to respond to breathing and cardiac emergencies.

**Course Length:** 4.5 hours; 3 hours for review classes      **Prerequisite:** None  
**Certification:** Adult CPR/AED (valid 1 year)

**Note:** ® denotes a review class (see above for more information)

**American Red Cross, Charlotte Headquarters**  
**2425 Park Road, Charlotte, NC 28203**

Date	Day	Time	Class ID	Date	Day	Time	Class ID
Jul-07 ®	Mon	6:00pm-9:00pm	1570018	Oct-18 ®	Sat	9:00am-12:00pm	1570073
Jul-26	Sat	9:00am-1:30pm	1570029	Oct-31	Fri	9:00am-1:30pm	1570079
Jul-27	Sun	9:00am-1:30pm	1570030	Nov-05	Wed	6:00pm-10:30pm	1570081
Aug-02	Sat	9:00am-1:30pm	1570033	Nov-15	Sat	9:00am-1:30pm	1570084
Aug-15	Fri	6:00pm-10:30pm	1570039	Nov-24 ®	Mon	9:00am-12:00pm	1570086
Aug-17	Sun	9:00am-1:30pm	1570041	Dec-07	Sun	9:00am-1:30pm	1570090
Aug-29 ®	Fri	9:00am-12:00pm	1570043	Dec-08 ®	Mon	6:00pm-9:00pm	1570094
Sep-08 ®	Mon	9:00am-12:00pm	1570046	Dec-19	Fri	9:00am-1:30pm	1570106
Sep-21	Sun	9:00am-1:30pm	1570058				
Oct-02	Thu	6:00pm-10:30pm	1570062				

## Adult CPR/AED \$45/\$35®

**St. Matthew Catholic Church**  
**8015 Ballantyne Commons Pkwy.**  
**Charlotte, NC 28277**

Date	Day	Time	Class ID
Jul-18	Fri	9:00am-1:30pm	1570022
Sep-19	Fri	9:00am-1:30pm	1570048
Oct-16	Thu	9:00am-1:30pm	1570069
Dec-13	Sat	9:00am-1:30pm	1570103

**American Red Cross, Lake Norman Branch**  
**200 Overhill Drive, Ste. A, Mooresville, NC 28117**

Date	Day	Time	Class ID
Jul-12	Sat	9:00am-1:30pm	1570112
Jul-20	Sun	9:00am-1:30pm	1570116
Jul-31 ®	Thu	9:00am-12:00pm	1570121
Aug-03	Sun	9:00am-1:30pm	1570125
Aug-16 ®	Sat	9:00am-12:00pm	1570128
Aug-19	Tue	9:00am-1:30pm	1570133
Aug-28	Thu	9:00am-1:30pm	1570138
Sep-20	Sat	9:00am-1:30pm	1570142
Sep-30	Tue	9:00am-1:30pm	1570145
Oct-08	Wed	9:00am-1:30pm	1570148
Oct-18 ®	Sat	9:00am-12:00pm	1570150
Nov-02	Sun	9:00am-1:30pm	1570152
Nov-18	Tue	9:00am-1:30pm	1570157
Nov-22	Sat	9:00am-1:30pm	1570163
Dec-3 ®	Wed	9:00am-12:00pm	1570167
Dec-20	Sat	9:00am-1:30pm	1570172
Dec-23	Tue	9:00am-1:30pm	1570176

**American Red Cross, Statesville Branch**  
**1710 B Davie Ave. Statesville, NC 28677**

Date	Day	Time	Class ID
Jul-02	Wed	9:00am -1:30pm	1570178
Jul-19	Sat	9:00am-1:30pm	1570183
Aug-23	Sat	9:00am-1:30pm	1570189

Date	Day	Time	Class ID
Sep-3 ®	Wed	6:00pm -9:00pm	1570198
Sep-07	Sun	9:00am-1:30pm	1570203
Sep-16	Tue	6:00pm -10:30pm	1570207
Oct-04	Sat	9:00am-1:30pm	1570221
Oct-21	Tue	9:00am -1:30pm	1570224
Oct-26	Sun	9:00am-1:30pm	1570225
Nov-01	Sat	9:00am-1:30pm	1570227
Nov-12 ®	Wed	6:00pm -9:00pm	1570233
Dec-07	Sun	9:00am-1:30pm	1570237
Dec-16/18	T/Th	6:00pm -8:30pm	1570240



## Adult CPR/AED & First Aid \$60/\$50®

Our most comprehensive training course for lay responders, this session provides training in first aid, adult CPR and AED skills.

**Course Length:** 6.5 hours (plus 1 hour lunch break), 4 hours for review classes     **Prerequisite:** None

**Certification:** Adult CPR/AED (valid 1 year) & First Aid (valid 3 years)

**Note:** ® denotes a review class (see page 7 for more information)

### American Red Cross, Lake Norman Branch 200 Overhill Drive, Ste. A, Mooresville, NC 28117

Date	Day	Time	Class ID
Jul-02 ®	Wed	6:00pm-10:00pm	1568067
Jul-16	Wed	8:30am-4:00pm	1568070
Jul-22/24	T/Th	6:00pm-9:30pm	1568075
Aug-01	Fri	8:30am-4:00pm	1568078
Aug-13 ®	Wed	9:00am-1:00pm	1568080
Aug-22	Fri	8:30am-4:00pm	1568083
Sep-04	Thu	8:30am-4:00pm	1568084
Sep-23/25	T/Th	6:00pm-9:30pm	1568087
Oct-02	Thu	8:30am-4:00pm	1568089
Oct-24	Fri	8:30am-4:00pm	1568091
Oct-29 ®	Wed	6:00pm-10:00pm	1568094
Nov-07	Fri	8:30am-4:00pm	1568096
Nov-12	Wed	8:30am-4:00pm	1568097
Dec-1/3	M/W	6:00pm-9:30pm	1568101
Dec-16 ®	Tue	6:00pm-10:00pm	1568107

### American Red Cross, Statesville Branch 1710 B Davie Ave. Statesville, NC 28677

Date	Day	Time	Class ID
Jul-18	Fri	8:30am-4:00pm	1568271
Aug-18/20	M/W	6:00pm-9:30pm	1568290
Sep-12 ®	Fri	9:00am-1:00pm	1568316
Sep-30	Tue	8:30am-4:00pm	1568322
Oct-14/16	T/Th	6:00pm-9:30pm	1568380

Date	Day	Time	Class ID
Nov-14	Fri	8:30am-4:00pm	1568394
Nov-19 ®	Wed	6:00pm-10:00pm	1568400
Dec-11	Thu	8:30am-4:00pm	1568428

### American Red Cross, Charlotte Headquarters 2425 Park Road, Charlotte, NC 28203

Date	Day	Time	Class ID
Jul-11	Fri	8:30am-4:00pm	1567222
Jul-14/16	M/W	6:00pm-10:00pm	1567232
Jul-21 ®	Mon	9:00am-1:00pm	1566870
Jul-31	Thu	8:30am-4:00pm	1567251
Aug-5 ®	Tue	9:00am-1:00pm	1566885
Aug-08	Fri	8:30am-4:00pm	1567269
Aug-09	Sat	9:00am-4:30pm	1567276
Aug-12/14	T/Th	6:00pm-10:00pm	1567311
Aug-30	Sat	9:00am-4:30pm	1567332
Sep-3/4	W/Th	6:00pm-10:00pm	1567346
Sep-12	Fri	8:30am-4:00pm	1567419
Sep-13	Sat	9:00am-4:30pm	1567432
Oct-01	Wed	8:30am-4:00pm	1567439
Oct-17 ®	Fri	9:00am-1:00pm	1567448
Oct-28/30	T/Th	6:00pm-10:00pm	1568042
Nov-07	Fri	8:30am-4:00pm	1568045
Nov-13 ®	Thu	6:00pm-10:00pm	1568049
Nov-25	Tue	8:30am-4:00pm	1568059
Dec-6 ®	Sat	9:00am-1:00pm	1568061
Dec-12	Fri	8:30am-4:00pm	1568063
Dec-15/17	M/W	6:00pm-10:00pm	1568066

## Adult/Child CPR/AED \$50/\$40®

This hands-on skills training prepares students to respond to breathing and cardiac emergencies in adults and Children and how to use an AED with both age groups

**Course Length:** 5.5 hours (plus 30 minute break); 3.5 hours for review classes     **Prerequisite:** None  
**Certification:** Adult/Child CPR/AED (valid 1 year)

**Note:** ® denotes a review class (see page 7 for more information)

**American Red Cross, Charlotte Headquarters**  
**2425 Park Road, Charlotte, NC 28203**

Date	Day	Time	Class ID
Jul-03 ®	Thu	9:00am-12:30pm	1567970
Jul-07	Mon	9:00am-3:00pm	1567975
Aug-13 ®	Wed	6:00pm-9:30pm	1567979
Sep-13 ®	Sat	9:00am-12:30pm	1567981
Sep-18	Thu	6:00pm-10:30pm	1567985
Oct-11	Sat	9:00am-3:00pm	1567988
Nov-06 ®	Thu	9:00am-12:30pm	1567992
Dec-04 ®	Thu	9:00am-12:30pm	1567993
Dec-08	Mon	9:00am-3:00pm	1567995

**American Red Cross, Lake Norman Branch**  
**200 Overhill Drive, Ste. A, Mooresville, NC 28117**

Date	Day	Time	Class ID
Aug-25	Mon	9:00am-3:00pm	1567960
Sep-18 ®	Thu	6:00pm-9:30pm	1567963
Dec-05	Fri	9:00am-3:00pm	1567968

**American Red Cross, Statesville Branch**  
**1710 B Davie Ave. Statesville, NC 28677**

Date	Day	Time	Class ID
Oct-01	Wed	9:00am-3:00pm	1567956



## ChildCPR/AED with Infant CPR \$50/\$40®

Designed for childcare providers, teachers, parents and others who care for children, this course teaches participants how to recognize and care for breathing and cardiac emergencies in infants and children up to 12 years old. Also provides child AED training.

**Course Length:** 5.5 hours (plus 30 minute break); 3.5 hours for review classes    **Prerequisite:** None  
**Certification:** Child CPR/AED w/ Infant CPR (valid 1 year)

**Note:** ® denotes a review class (see page 7 for more information)

### American Red Cross, Charlotte Headquarters 2425 Park Road, Charlotte, NC 28203

Date	Day	Time	Class ID
Jul-09	Wed	9:00am-3:00pm	1569545
Jul-15®	Tue	6:00pm-9:30pm	1569549
Jul-20	Sun	9:00am-3:00pm	1569556
Aug-09®	Sat	9:00am -12:30pm	1569561
Aug-10	Sun	9:00am-3:00pm	1569564
Aug-26	Tue	9:00am-3:00pm	1569568
Sep-03	Wed	9:00am-3:00pm	1569573
Sep-07®	Sun	9:00am-12:30pm	1569579
Sep-27®	Sat	9:00am-12:30pm	1569587
Oct-05	Sun	9:00am-3:00pm	1569592
Oct-16®	Thu	6:00pm-9:30pm	1569597
Nov-01®	Sat	9:00am-12:30pm	1569610
Nov-17/19	M/W	6:00pm-9:00pm	1569654
Nov-25®	Tue	9:00am-12:30pm	1569664
Dec-11	Thu	9:00am-3:00pm	1569669
Dec-16®	Tue	6:00pm-9:30pm	1569672
Dec-21	Sun	9:00am-3:00pm	1569679

### American Red Cross, Statesville Branch 1710 B Davie Ave. Statesville, NC 28677

Date	Day	Time	Class ID
Jul-10®	Thu	6:00pm-9:30pm	1569752
Aug-24	Sun	9:00am-3:00pm	1569759
Sep-13®	Sat	9:00am-12:30pm	1569764
Oct-28/30	T/Th	6:00pm-9:00pm	1569767
Nov-25®	Tue	6:00pm-9:30pm	1569775
Dec-1/3	M/W	6:00pm-9:00pm	1569781



### American Red Cross, Lake Norman Branch 200 Overhill Drive, Ste. A, Mooresville, NC 28117

Date	Day	Time	Class ID
Jul-19	Sat	9:00am-3:00pm	1569718
Aug-11®	Mon	6:00pm-9:30pm	1569724
Sep-23	Tue	9:00am-3:00pm	1569728
Oct-18®	Sat	6:00pm-9:30pm	1569733
Oct-22	Wed	9:00am-3:00pm	1569737
Nov-3/5	M/W	6:00pm-9:00pm	1569741
Dec-09®	Tue	9:00am-12:30pm	1569749

## Child CPR/AED with Infant CPR & First Aid \$65

This course teaches participants how to recognize and care for breathing and cardiac emergencies in infants and children up to 12 years old and also provides child AED training. Participants also learn first aid skills for treating a variety of injuries and sudden illnesses.

**Course Length:** 6.5 hours (plus 1 hour lunch break)    **Prerequisite:** None  
**Certification:** Child CPR/AED w/ Infant CPR (valid 1 year) & First Aid (valid 3 years)

**American Red Cross, Charlotte Headquarters**  
**2425 Park Road, Charlotte, NC 28203**

Date	Day	Time	Class ID
Jul-17	Thu	8:30am-4:00pm	1568435
Jul-26	Sat	9:00am-4:30pm	1568440
Aug-19/21	T/Th	6:00pm-9:30pm	1568448
Aug-23	Sat	9:00am-4:30pm	1568452
Sep-06	Sat	9:00am-4:30pm	1568458
Sept-23/25	T/Th	6:00pm-9:30pm	1568462
Oct-18	Sat	9:00am-4:30pm	1568471
Oct-27/29	M/W	6:00pm-9:30pm	1568481
Nov-15	Sat	9:00am-4:30pm	1568506
Nov-18/20	T/Th	6:00pm-9:30pm	1568510
Dec-18	Thu	8:30am-4:00pm	1568517

**American Red Cross, Statesville Branch**  
**1710 B Davie Ave. Statesville, NC 28677**

Date	Day	Time	Class ID
Aug-5/7	T/Th	6:00pm-9:30pm	1568570
Sep-15/17	M/W	6:00pm-9:30pm	1568588
Oct-25	Sat	9:00am-4:30pm	1568597
Nov-18/20	T/Th	6:00pm-9:30pm	1568604
Dec-13	Sat	9:00am-4:30pm	1568609

**American Red Cross, Lake Norman Branch**  
**200 Overhill Drive, Ste. A, Mooresville, NC 28117**

Date	Day	Time	Class ID
Jul-7/9	M/W	6:00pm-9:30pm	1568523
Jul-14	Mon	8:30am-4:00pm	1568527
Aug-23	Sat	9:00am-4:30pm	1568535
Sep-06	Sat	9:00am-4:30pm	1568539
Oct-04	Sat	9:00am-4:30pm	1568543
Oct-14/16	T/Th	6:00pm-9:30pm	1568551
Nov-16	Sun	9:00am-4:30pm	1568557
Dec-15/17	M/W	6:00pm-9:30pm	1568561



## Adult/Child CPR/AED with Infant CPR \$60/\$50®

This hands-on skills training prepares students to respond to breathing and cardiac emergencies in adults, children, and infants and teaches them to use an AED; and provides child AED training.

**Course Length:** 8 Hours (plus 1 hour lunch break); 4 hours for review classes     **Prerequisite:** None  
**Certification:** Adult/Child CPR/AED w/ Infant CPR (valid 1 year)

**Note:** ® denotes a review class (see page 7 for more information)

### American Red Cross, Lake Norman Branch 200 Overhill Drive, Ste. A, Mooresville, NC 28117

Date	Day	Time	Class ID
Jul-15	Tue	8:30am-5:30pm	1570331
Jul-26 ®	Sat	9:00am -1:00pm	1570333
Aug-5/7	T/Th	6:00pm-10:00pm	1570335
Aug-30	Sat	9:00am-6:00pm	1570338
Sep-10 ®	Wed	6:00pm-10:00pm	1570340
Sep-12	Fri	8:30am-5:30pm	1570342
Oct-14	Tue	8:30am-5:30pm	1570347
Oct-25	Sat	9:00am-6:00pm	1570351
Nov-25 ®	Tue	6:00pm-10:00pm	1570355
Dec-08	Mon	8:30am-5:30pm	1570360

### American Red Cross, Statesville Branch 1710 B Davie Ave. Statesville, NC 28677

Date	Day	Time	Class ID
Jul-21/23	M/W	6:00pm-10:00pm	1570363
Aug-28 ®	Thu	9:00am -1:00pm	1570365
Sep-27	Sat	9:00am-6:00pm	1570367
Oct-08 ®	Wed	6:00pm-10:00pm	1570369
Nov-05	Wed	8:30am-5:30pm	1570372
Nov-15	Sat	9:00am-6:00pm	1570374
Dec-8/10	M/W	6:00pm-10:00pm	1570375
Dec-20 ®	Sat	9:00am -1:00pm	1570377

### American Red Cross, Charlotte Headquarters 2425 Park Road, Charlotte, NC 28203

Date	Day	Time	Class ID
Jul-02 ®	Wed	9:00am-1:00pm	1570300
Jul-12	Sat	9:00am-6:00pm	1570301
Jul-22/24	T/Th	6:00pm-10:00pm	1570302
Aug-14	Thu	8:30am-5:30pm	1570305
Aug-18/20	M/W	6:00pm-10:00pm	1570306
Aug-27 ®	Wed	6:00pm-9:30pm	1570309
Sep-06	Sat	9:00am-6:00pm	1570311
Sep-11 ®	Thu	9:00am-1:00pm	1570314
Sep-15/17	M/W	6:00pm-10:00pm	1570315
Sep-24	Wed	8:30am-5:30pm	1570316
Oct-6/8	M/W	6:00pm-10:00pm	1570319
Oct-25 ®	Sat	9:00am-1:00pm	1570320
Oct-27	Mon	8:30am-5:30pm	1570322
Nov-03 ®	Mon	6:00pm-10:00pm	1570323
Nov-10	Mon	8:30am-5:30pm	1570324
Nov-22	Sat	9:00am-6:00pm	1570326
Dec-03 ®	Wed	9:00am-1:00pm	1570327
Dec-05	Fri	8:30am-5:30pm	1570328
Dec-9/11	T/Th	6:00pm-10:00pm	1570329



## Adult/Child CPR/AED w/ Infant CPR & First Aid \$75

This hands-on skills training prepares students to respond to breathing and cardiac emergencies in adults, children, and infants and teaches them to use an AED with adults and children. Participants also learn first aid skills for treating a variety of injuries and sudden illnesses.

**Course Length:** 8 Hours (plus 1 hour lunch break)    **Prerequisite:** None

**Certification:** Adult/Child CPR/AED w/ Infant CPR (valid 1 year) & First Aid (valid 3 years)

**American Red Cross, Charlotte Headquarters**  
**2425 Park Road, Charlotte, NC 28203**

Date	Day	Time	Class ID
Jul-08	Tue	8:30am-5:30pm	1565326
Jul-19	Sat	9:00am-6:00pm	1565329
Aug-02	Sat	9:00am-6:00pm	1565330
Aug-19	Tue	8:30am-5:30pm	1565331
Aug-26/28	T/Th	6:00pm-10:00pm	1565333
Sep-09	Tue	8:30am-5:30pm	1565350
Sep-20	Sat	9:00am-6:00pm	1565351
Oct-04	Sat	9:00am-6:00pm	1565357
Oct-23	Thu	8:30am-5:30pm	1565358
Nov-01	Sat	9:00am-6:00pm	1565360
Nov-21	Fri	9:00am-6:00pm	1565383
Dec-09	Tue	8:30am-5:30pm	1565386
Dec-20	Sat	9:00am-6:00pm	1565406

**American Red Cross, Lake Norman Branch**  
**200 Overhill Drive, Ste. A, Mooresville, NC 28117**

Date	Day	Time	Class ID
Jul-11	Fri	8:30am-5:30pm	1565410
Aug-16	Sat	9:00am-6:00pm	1565413
Sep-09	Tue	8:30am-5:30pm	1565470
Oct-11	Sat	9:00am-6:00pm	1565477
Nov-19	Wed	8:30am-5:30pm	1565483
Dec-06	Sat	9:00am-6:00pm	1565500

**American Red Cross, Statesville Branch**  
**1710 B Davie Ave. Statesville, NC 28677**

Date	Day	Time	Class ID
Jul-26	Sat	9:00am-6:00pm	1565506
Aug-19	Tue	8:30am-5:30pm	1565511
Sep-27	Sat	9:00am-6:00pm	1565519
Oct-22	Wed	8:30am-5:30pm	1565525
Nov-08	Sat	9:00am-6:00pm	1565567



## First Aid Basics \$40

Participants learn first aid skills for treating a variety of injuries and sudden illnesses.

**Course Length:** 4 hours    **Prerequisite:** None

**Certification:** First Aid (valid 3 years)

**American Red Cross, Charlotte Headquarters**  
**2425 Park Road, Charlotte, NC 28203**

Date	Day	Time	Class ID
Jul-16	Wed	6:00pm-10:00pm	1564395
Jul-28	Mon	9:00am-1:00pm	1564513
Aug-01	Fri	9:00am-1:00pm	1564758
Aug-22	Fri	6:00pm-10:00pm	1564805
Sep-08	Mon	9:00am-1:00pm	1564815
Sep-16	Tue	6:00pm-10:00pm	1564820
Sep-25	Thu	6:00pm-10:00pm	1564827
Oct-09	Thu	9:00am-1:00pm	1564834
Oct-22	Wed	6:00pm-10:00pm	1564844
Nov-03	Mon	9:00am-1:00pm	1564850
Nov-18	Tue	6:00pm-10:00pm	1564855
Dec-01	Mon	9:00am-1:00pm	1564860
Dec-17	Wed	6:00pm-10:00pm	1564861

**American Red Cross, Statesville Branch**  
**1710 B Davie Ave. Statesville, NC 28677**

Date	Day	Time	Class ID
Jul-08	Tue	6:00pm-10:00pm	1564990
Aug-12	Tue	6:00pm-10:00pm	1564996
Sep-26	Fri	9:00am-1:00pm	1565004
Oct-15	Wed	6:00pm-10:00pm	1565005
Nov-07	Fri	9:00am-1:00pm	1565008
Dec-09	Tue	6:00pm-10:00pm	1565012

**American Red Cross, Lake Norman Branch**  
**200 Overhill Drive, Ste. A, Mooresville, NC 28117**

Date	Day	Time	Class ID
Jul-09	Wed	9:00am-1:00pm	1564872
Aug-27	Wed	9:00am-1:00pm	1564891
Sep-17	Wed	6:00pm-10:00pm	1564894
Oct-10	Fri	9:00am-1:00pm	1564902
Nov-13	Thu	6:00pm-10:00pm	1564904
Dec-19	Fri	9:00am-1:00pm	1564922



## Wilderness First Aid Basics \$90

This course teaches first aid skills and knowledge for settings in which emergency care is potentially delayed for long periods of time, or when self evacuation may be vital.

Price includes course materials: 3 text books, patch & first aid kit.

**Course Length:** 16 hours    **Prerequisite:** None

**Certification:** Wilderness First Aid Basics (valid 3 years)

**Please call our office at (704) 347-8214 if you have a group of 6 or more people interested in this training or if you would like to put your name on the waiting list for our next available training class.**

**American Red Cross, Charlotte Headquarters**  
**2425 Park Road, Charlotte, NC 28203**

Date	Day	Time	Class ID
Jul-5/6	Sat/Sun	9:00am-9:00pm	1617045



## Pet First Aid \$30

This course teaches participants how to identify and care for breathing emergencies, cardiac arrest, sudden illnesses and basic first aid for cats and dogs.

**Course Length:** 4 hours    **Prerequisite:** None

**Certification:** Pet First Aid (valid for life)

**\*NOTE:** *Pet First Aid Kit is available at discounted price of \$15 if purchased at time of class.*

**American Red Cross, Charlotte Headquarters**  
**2425 Park Road, Charlotte, NC 28203**

Date	Day	Time	Class ID
Jul-20	Sun	9:00am-1:00pm	1568077
Jul-28	Mon	6:00pm-10:00pm	1568081
Aug-03	Sun	9:00am-1:00pm	1568085
Aug-11	Mon	6:00pm-10:00pm	1568086
Aug-23	Sat	9:00am-1:00pm	1568088
Sep-28	Sun	9:00am-1:00pm	1568104
Sep-29	Mon	6:00pm-10:00pm	1568105
Oct-03	Fri	6:00pm-10:00pm	1568108
Oct-26	Sun	9:00am-1:00pm	1568110
Nov-02	Sun	9:00am-1:00pm	1568133
Nov-15	Sat	9:00am-1:00pm	1568136
Dec-01	Mon	6:00pm-10:00pm	1568139
Dec-20	Sat	9:00am-1:00pm	1568144
Dec-21	Sun	9:00am-1:00pm	1568148

**American Red Cross, Lake Norman Branch**  
**200 Overhill Drive, Ste. A, Mooresville, NC 28117**

Date	Day	Time	Class ID
Jul-13	Sun	9:00am-1:00pm	1568153
Jul-23	Wed	9:00am-1:00pm	1568161
Aug-02	Sat	9:00am-1:00pm	1568164
Aug-20	Wed	6:00pm-10:00pm	1568166
Sep-03	Wed	6:00pm-10:00pm	1568172
Sep-14	Sun	9:00am-1:00pm	1568179
Oct-01	Wed	6:00pm-10:00pm	1568186
Nov-12	Wed	6:00pm-10:00pm	1568196
Nov-23	Sun	9:00am-1:00pm	1568199
Dec-10	Wed	6:00pm-10:00pm	1568202
Dec-20	Sat	9:00am-1:00pm	1568208

**Mallard Creek Recreation Center**  
**2530 Johnston Oehler Rd., Charlotte, NC 28269**

Date	Day	Time	Class ID
Sep-27	Sat	9:00am-1:00pm	1568092

**American Red Cross, Statesville Branch**  
**1710 B Davie Ave. Statesville, NC 28677**

Date	Day	Time	Class ID
Jul-09	Wed	6:00pm-10:00pm	1568213
Aug-10	Sun	9:00am-1:00pm	1568221
Sep-20	Sat	9:00am-1:00pm	1568228
Oct-11	Sat	9:00am-1:00pm	1568231
Oct-19	Sun	9:00am-1:00pm	1568237
Dec-06	Sat	9:00am-6:00pm	1565500



# Training for Professional Rescuers

American Red Cross professional rescuer courses are designed for people with a job-related duties to respond to emergencies. This includes nurses, law enforcement, EMS personnel, fire fighters, business and industry emergency response teams, lifeguards, flight attendants, and others who must take action in emergency situations.

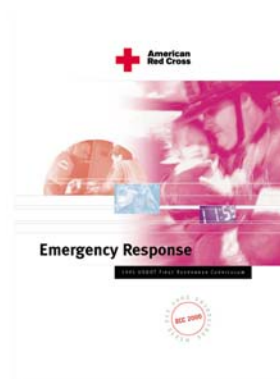
## Emergency Response Training \$200

Designed for training first responders, this comprehensive course follows the US DOT First Responder National Standard Curriculum. Lectures, demonstrations, videos, a textbook, discussions and hands-on practice teach essential skills for numerous emergency situations. Key content areas include:

- First aid for injuries and sudden illnesses
- Use of an automated external defibrillator (AED)
- Preventing disease transmission (bloodborne pathogens)
- Using basic and supplemental oxygen breathing devices
- Spinal injury management
- Muscle, bone and joint injuries
- Special considerations for seniors and children
- Critical incident stress debriefing
- Healthy lifestyle tips
- Emergency childbirth

**Course Length:** 44 hours    **Prerequisite:** None

**Certification:** Emergency Response (valid 3 years)  
CPR for Professional Rescuer (valid 1 year)



**Please call our office at (704) 347-8214 if you have a group of 6 or more people interested in this training or if you would like to put your name on the waiting list for our next available training class.**



## CPR/AED for the Professional Rescuer \$75/\$65®

This course combines a participant's manual, lectures and video with hands-on skills training to cover the following areas:

- Responding to breathing and cardiac emergencies in adults, children and infants
  - Using an AED on adult and child victims of cardiac arrest
  - Using personal protective equipment to stop bloodborne pathogens and other diseases from spreading
- Additional skills include two-rescuer CPR, using a resuscitation mask and bag-valve mask.

**Course Length:** 8 hours (plus 1 hour lunch break); 5 hours for review classes (plus 30 minute break)

**Prerequisite:** None

**Certification:** CPR/AED for the Professional Rescuer (valid 1 year)

**Note:** ® denotes a review class (see page 7 for more information)

**\*NOTE:** Oxygen Administration training is available for an additional \$10 (total fee is \$85) immediately following the completion of the Professional Rescuer classes marked with an asterisk

### American Red Cross, Charlotte Headquarters 2425 Park Road, Charlotte, NC 28203

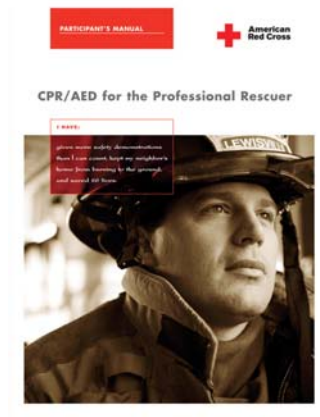
Date	Day	Time	Class ID
Jul-01 ®	Tue	9:00am-2:30pm	1563843
Jul-12	Sat	9:00am-6:00pm	1563875
Aug-16	Sat	9:00am-6:00pm	1563886
Aug-21 ®	Thu	9:00am-2:30pm	1563923
Sep-05	Fri	9:00am-6:00pm	1563934
Sep-20 ®	Sat	9:00am-2:30pm	1563943
Oct-20	Mon	8:30am-5:30pm	1563984
Nov-22 ®	Sat	9:00am-2:30pm	1564021
Dec-02 ®	Tue	9:00am-2:30pm	1564037
Dec-05	Fri	8:30am-5:30pm	1564044

### American Red Cross, Statesville Branch 1710 B Davie Ave. Statesville, NC 28677

Date	Day	Time	Class ID
Jul-12	Sat	9:00am-6:00pm	1564157
Sep-06 ®	Sat	9:00am-2:30pm	1564164
Nov-15 ®	Sat	9:00am-2:30pm	1564140
Dec-06	Sat	9:00am-6:00pm	1564177

### American Red Cross, Lake Norman Branch 200 Overhill Drive, Ste. A, Mooresville, NC 28117

Date	Day	Time	Class ID
Jul-28/30 ®	M/W	6:00pm-8:30pm	1564051
Aug-15	Fri	8:30am-5:30pm	1564075
Oct-15	Wed	8:30am-5:30pm	1564081



## Oxygen Administration for the Professional Rescuer \$10

Participants learn the knowledge and skills necessary to provide care to a victim of a breathing emergency using breathing devices, including resuscitation masks, bag-valve-mask resuscitators and emergency oxygen.

**Course Length:** 1 hour    **Prerequisite:** participants must take CPR/PRO on same day.

**Fee:** \$10 (plus \$75/\$65® for the CPR-PRO/AED immediately preceding)

**Certification:** Oxygen Administration for the Professional Rescuer (valid for 1 year)

**\*NOTE:** *Must be taken in conjunction with CPR for the Professional Rescuer*

### American Red Cross, Charlotte Headquarters 2425 Park Road, Charlotte, NC 28203

Date	Day	Time	Class ID
Jul-01 ®	Tue	2:30pm-3:00pm	1620954
Jul-12	Sat	6:00pm-7:00pm	1620979
Aug-16	Sat	6:00pm-7:00pm	1621175
Aug-21 ®	Thu	2:30pm-3:00pm	1621181
Sep-05	Fri	6:00pm-7:00pm	1621015
Sep-20 ®	Sat	2:30pm-3:00pm	1621194
Oct-20	Mon	5:30pm-6:30pm	1621053
Nov-22 ®	Sat	2:30pm-3:00pm	1621059
Dec-02 ®	Tue	2:30pm-3:00pm	1621066
Dec-05	Fri	5:30pm-6:30pm	1621070

### American Red Cross, Statesville Branch 1710 B Davie Ave. Statesville, NC 28677

Date	Day	Time	Class ID
Nov-15 ®	Sat	2:30pm-3:00pm	1621100
Jul-12	Sat	6:00pm-7:00pm	1621112
Sep-06 ®	Sat	2:30pm-3:00pm	1621120
Dec-06	Sat	6:00pm-7:00pm	1621126

### American Red Cross, Lake Norman Branch 200 Overhill Drive, Ste. A, Mooresville, NC 28117

Date	Day	Time	Class ID
Jul-28/30 ®	M/W	8:30pm-9:00pm	1621074
Aug-15	Fri	5:30pm-6:30pm	1621088
Oct-15	Wed	5:30pm-6:30pm	1621093



# Supplemental Training

## **Bloodborne Pathogens: Preventing Disease Transmission \$20**

This two-hour training module is designed for individuals who, while on the job, may be exposed to blood or other body fluids that could cause infection. It meets OSHA guidelines for Bloodborne Pathogens Standard. Individuals learn how to help prevent exposure incidents, practice good personal hygiene, properly clean and disinfect equipment and supplies, as well as how to recognize, report and follow-up on exposures to infectious materials.

**Course Length:** 2 hours    **Prerequisite:** None

**Certifications:** Bloodborne Pathogens Training (valid for 1 year)

### **American Red Cross, Charlotte Headquarters 2425 Park Road, Charlotte, NC 28203**

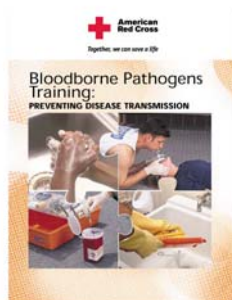
Date	Day	Time	Class ID
Jul-10	Thu	9:00am-11:00am	1563994
Jul-21	Mon	6:00pm-8:00pm	1564001
Aug-04	Mon	9:00am-11:00am	1564019
Aug-22	Fri	6:00pm-8:00pm	1564033
Sep-10	Wed	6:00pm-8:00pm	1564042
Sep-26	Fri	1:00pm-3:00pm	1564047
Sep-30	Tue	6:00pm-8:00pm	1564080
Oct-15	Wed	9:00am-11:00am	1564087
Oct-30	Thu	12:30pm-2:30pm	1564100
Nov-05	Wed	9:00am-11:00am	1564350
Nov-13	Thu	6:00pm-8:00pm	1564366
Dec-12	Fri	6:00pm-8:00pm	1564375
Dec-18	Thu	9:00am-11:00am	1564380

### **American Red Cross, Lake Norman Branch 200 Overhill Drive, Ste. A, Mooresville, NC 28117**

Date	Day	Time	Class ID
Jul-03	Thu	9:00am-11:00am	1564432
Aug-06	Wed	6:00pm-8:00pm	1564440
Sep-05	Fri	9:00am-11:00am	1564450
Oct-07	Tue	6:00pm-8:00pm	1564464
Nov-20	Thu	9:00am-11:00am	1564470
Dec-12	Fri	9:00am-11:00am	1564473

### **American Red Cross, Statesville Branch 1710 B Davie Ave. Statesville, NC 28677**

Date	Day	Time	Class ID
Jul-29	Tue	6:00pm-8:00pm	1564478
Aug-22	Fri	9:00am-11:00am	1564482
Sep-23	Tue	6:00pm-8:00pm	1564490
Oct-31	Fri	9:00am-11:00am	1564499
Nov-10	Mon	6:00pm-8:00pm	1564504
Dec-02	Tue	6:00pm-8:00pm	1564511



## Online Skills Session

Knowing what to do in an emergency can often make the difference between life and death. Now, you can learn lifesaving techniques at your own pace, from the convenience of your computer. The Greater Carolinas Red Cross is proud to present our community with Online Training Courses.

You can take these Safety Training Courses online NOW! Fees range from FREE to \$75, based on the combination of courses that you choose to complete.

It's fast and easy to get started!

1. Log on to [www.greatercarolinasredcross.org](http://www.greatercarolinasredcross.org) and click on "Get Trained"
2. Click on "Red Cross On-line Training"
3. Select the Course you would like to take. To obtain a certificate, you will need to complete the online portion of the course and then come to one of our many convenient locations to complete the skills portion. (See list of skills sessions below)

### American Red Cross, Charlotte Headquarters 2425 Park Road, Charlotte, NC 28203

Date	Day	Time	Class ID
Jul-10	Thu	11:30am-2:30pm	1564493
Jul-18	Fri	1:30pm-4:30pm	1564531
Jul-29	Tue	6:00pm-9:00pm	1567902
Aug-02	Sat	9:00am-12:30pm	1567903
Aug-05	Tue	6:00pm-9:00pm	1567904
Aug-21	Thu	9:00am-12:30pm	1567906
Sep-10	Wed	6:00pm-9:00pm	1567908
Sep-27	Sat	9:00am-12:30pm	1567910
Sep-30	Tue	9:00am-12:30pm	1567911
Oct-04	Sat	9:00am-12:30pm	1567912
Oct-15	Wed	1:00pm-4:00pm	1567914
Oct-30	Thu	9:00am-12:30pm	1567916
Nov-06	Thu	6:00pm-9:00pm	1567918
Nov-14	Fri	1:00pm-4:00pm	1567919
Nov-20	Thu	9:00am-12:30pm	1567921
Dec-02	Tue	6:00pm-9:00pm	1567922
Dec-11	Thu	9:00am-12:30pm	1567924
Dec-19	Fri	1:30pm-4:30pm	1567926

### American Red Cross, Statesville Branch 1710 B Davie Ave. Statesville, NC 28677

Date	Day	Time	Class ID
Jul-03	Thu	9:00am-12:30pm	1567944
Aug-26	Tue	6:00pm-9:00pm	1567947
Sep-24	Wed	9:00am-12:30pm	1567948
Oct-11	Sat	2:30pm-5:00pm	1567949
Nov-24	Mon	6:00pm-9:00pm	1564377
Dec-19	Fri	9:00am-12:30pm	1567952

### American Red Cross, Lake Norman Branch 200 Overhill Drive, Ste. A, Mooresville, NC 28117

Date	Day	Time	Class ID
Jul-08	Tue	6:00pm-9:00pm	1567927
Jul-26	Sat	2:30pm-5:00pm	1567928
Aug-02	Sat	2:30pm-5:00pm	1567930
Aug-05	Tue	9:00am-12:30pm	1567931
Sep-20	Sat	2:30pm-5:00pm	1567932
Sep-29	Mon	6:00pm-9:00pm	1567933
Oct-03	Fri	9:00am-12:30pm	1567934
Oct-21	Tue	6:00pm-9:00pm	1567935
Nov-09	Sun	9:00am-12:30pm	1567937
Nov-21	Fri	9:00am-12:30pm	1567940
Dec-05	Fri	9:00am-12:30pm	1567941
Dec-13	Sat	9:00am-12:30pm	1567942

## CPR/First Aid Challenge Courses \$30

Individuals may challenge American Red Cross CPR (including CPR/AED for the Professional Rescuer) & First Aid basic level courses.

- Students are responsible to prepare for a written test in which a score of at least 80 percent must be achieved; students must successfully demonstrate critical skills.  
***No instruction or review is provided by the instructor.***
- Students are not provided course materials. Materials are available for purchase at an additional cost.
- Students challenging CPR for the Professional Rescuer must bring their pocket mask to class. Pocket masks may be purchased prior to class.
- Students must arrive on time; cancellation of class may occur if student is more than 20 minutes late.
- Students who are not able to achieve course requirements may credit the challenge fee to any CPR and/or First Aid Course.

**Course Length:** 3 hours     **Prerequisite:** None

**\*NOTE:** *Private challenges available by appointment only for a cost of \$40; please call (704) 347-8214 to schedule an appointment.*

**American Red Cross, Charlotte Headquarters**  
**2425 Park Road, Charlotte, NC 28203**

Date	Day	Time	Class ID
Jul-14	Mon	9:00am-12:30pm	1563448
Aug-04	Mon	11:00am-2:30pm	1563901
Sep-05	Fri	9:00am-12:30pm	1563941
Sep-26	Fri	9:00am-12:30pm	1563946
Oct-31	Fri	9:00am-12:30pm	1563948
Nov-14	Fri	9:00am-12:30pm	1563950
Dec-15	Mon	9:00am-12:30pm	1563955

**American Red Cross, Lake Norman Branch**  
**200 Overhill Drive, Ste. A, Mooresville, NC 28117**

Date	Day	Time	Class ID
Jul-18	Fri	9:00am-12:30pm	1563959
Sep-19	Fri	9:00am-12:30pm	1563967
Nov-14	Fri	9:00am-12:30pm	1563972

**American Red Cross, Statesville Branch**  
**1710 B Davie Ave. Statesville, NC 28677**

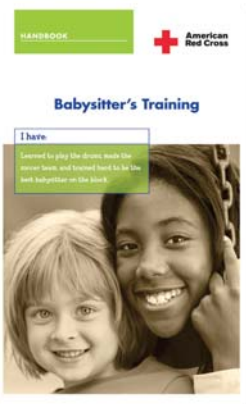
Date	Day	Time	Class ID
Aug-15	Fri	9:00am-12:30pm	1563975
Oct-24	Fri	9:00am-12:30pm	1564009
Dec-12	Fri	9:00am-12:30pm	1564035



# Caregiving Courses

## Babysitter's Training \$65

Do you want to gain the knowledge, skills and confidence to care for infants and school-age children? This course has recently been updated, expanded and redesigned for today's babysitters – and includes new products to make the course more engaging than ever. Participants receive materials that are useful both during the course and on the job, including a handbook packed with information and full-color skill sheets; a compact emergency reference guide; and an interactive CD-ROM featuring an activity booklet with games, songs, recipes and other activities, an electronic babysitting client organizer and much more. This course will teach you how to—



- Care for children and infants.
- Be a good leader and role model.
- Make good decisions and solve problems.
- Keep the children you babysit and yourself safe.
- Handle emergencies such as injuries, illnesses and household accidents.
- Write resumes and interview for jobs.
- And much more!

**Course Length:** 6.5 hours (includes lunch break)

**Prerequisite:** Participants must be 11 years old

**Certification:** Babysitter's Training (valid for life)

**\*NOTE:** Participants should bring a lunch and an emergency contact number to class.

**American Red Cross, Charlotte Headquarters**  
2425 Park Road, Charlotte, NC 28203

Date	Day	Time	Class ID
Jul-10	Thu	9:00am-3:30pm	1564951
Jul-11	Fri	9:00am-3:30pm	1564953
Jul-26	Sat	9:00am-3:30pm	1564966
Aug-04	Mon	9:00am-3:30pm	1564974
Aug-08	Fri	9:00am-3:30pm	1564976
Aug-11	Mon	9:00am-3:30pm	1564982
Aug-23	Sat	9:00am-3:30pm	1564986
Sep-06	Sat	9:00am-3:30pm	1564991
Sep-27	Sat	9:00am-3:30pm	1564997
Oct-04	Sat	9:00am-3:30pm	1567340
Oct-25	Sat	9:00am-3:30pm	1567383
Nov-08	Sat	9:00am-3:30pm	1567398
Nov-22	Sat	9:00am-3:30pm	1567410
Dec-06	Sat	9:00am-3:30pm	1567413

Date	Day	Time	Class ID
Dec-20	Sat	9:00am-3:30pm	1567426
Dec-22	Mon	9:00am-3:30pm	1567436
Dec-29	Mon	9:00am-3:30pm	1567447
Dec-30	Tue	9:00am-3:30pm	1567454

**American Red Cross, Lake Norman Branch**  
200 Overhill Drive, Ste. A, Mooresville, NC 28117

Date	Day	Time	Class ID
Jul-07	Mon	9:00am-3:30pm	1567467
Aug-18	Mon	9:00am-3:30pm	1567475
Aug-29	Fri	9:00am-3:30pm	1567544
Sep-28	Sun	9:00am-3:30pm	1567484
Nov-01	Sat	9:00am-3:30pm	1567493
Dec-22	Mon	9:00am-3:30pm	1567501

## Babysitter's Training \$65

**American Red Cross, Statesville Branch  
1710 B Davie Ave. Statesville, NC 28677**

Date	Day	Time	Class ID
Jul-14	Mon	9:00am-3:30pm	1568033
Aug-02	Sat	9:00am-3:30pm	1568034
Aug-21	Thu	9:00am-3:30pm	1568036
Oct-18	Sat	9:00am-3:30pm	1568038
Nov-04	Tue	9:00am-3:30pm	1568039
Dec-14	Sun	9:00am-3:30pm	1570281

**St. Matthew Catholic Church  
8015 Ballantyne Commons Pkwy.  
Charlotte, NC 28277**

Date	Day	Time	Class ID
Jul-19	Sat	9:00am-3:30pm	1564954
Aug-09	Sat	9:00am-3:30pm	1564977
Aug-16	Sat	9:00am-3:30pm	1564984
Sep-13	Sat	9:00am-3:30pm	1564993
Oct-18	Sat	9:00am-3:30pm	1567373
Nov-01	Sat	9:00am-3:30pm	1567389
Dec-13	Sat	9:00am-3:30pm	1567420

**Huntersville Arts & Culture Center  
109 S. Old Statesville Road  
Huntersville, NC 28078**

Date	Day	Time	Class ID
Jul-12	Sat	9:00am-3:30pm	1567509
Jul-19	Sat	9:00am-3:30pm	1567518
Jul-26	Sat	9:00am-3:30pm	1567525
Aug-04	Mon	9:00am-3:30pm	1567533
Aug-16	Sat	9:00am-3:30pm	1567536
Aug-23	Sat	9:00am-3:30pm	1567541
Sep-06	Sat	9:00am-3:30pm	1567547
Sep-20	Sat	9:00am-3:30pm	1567553
Oct-04	Sat	9:00am-3:30pm	1567559
Oct-25	Sat	9:00am-3:30pm	1567571
Nov-08	Sat	9:00am-3:30pm	1567574
Nov-22	Sat	9:00am-3:30pm	1568027
Dec-06	Sat	9:00am-3:30pm	1568028
Dec-20	Sat	9:00am-3:30pm	1568030



# Cursos en Español

Para mayor información sobre fechas, horarios y ubicación de las clases, favor de contactar a Maritza Zaragoza al correo electrónico maritzazs@hotmail.com o dejar su mensaje al teléfono (704) 347-8503.

## ***RCP/DEA para Adultos y Niños, RCP para Infantes y Primeros Auxilios***

Este curso incluye certificación por un año en resucitación cardiopulmonar para adultos, niños e infantes y DEA. También incluye certificación por tres años en primeros auxilios, incluyendo técnicas necesarias para responder en casos de emergencias médicas como atragantamiento, quemaduras, fracturas y que hacer hasta que llegue la ayuda profesional. Los participantes recibirán certificaciones; recomienda 1 año de certificación para RCP y 3 años de certificación de Primeros Auxilios.

**Costo:** \$75

**Duración del Curso:** 8 horas con Primeros Auxilios (más una hora del almuerzo de hora)  
6.5 horas sin Primeros Auxilios

**Prerrequisitos:** Ninguno

### **American Red Cross, Charlotte Headquarters 2425 Park Road, Charlotte, NC 28203**

Fecha	Día	Horario	Curso ID
12 de Julio	Sábado	9:00am-6:00pm	1564558
16 de Agosto	Sábado	9:00am-6:00pm	1564599
13 de Septiembre	Sábado	9:00am-6:00pm	1564604
11 de Octubre	Sábado	9:00am-6:00pm	1564607
8 de Noviembre	Sábado	9:00am-6:00pm	1564615
6 de Diciembre	Sábado	9:00am-6:00pm	1564619

### **American Red Cross, Statesville Branch 1710 B Davie Ave. Statesville, NC 28677**

Fecha	Día	Horario	Curso ID
16/18 de Julio	Martes/ Jueves	9:00am-6:00pm	1564663
7/9 de Octubre	Martes/ Jueves	9:00am-6:00pm	1564668

### **American Red Cross, Lake Norman Branch 200 Overhill Drive, Ste. A, Mooresville, NC 28117**

Fecha	Día	Horario	Curso ID
9 de Agosto	Sábado	9:00am-6:00pm	1564626
13 de September	Sábado	9:00am-6:00pm	1564634
8 de Noviembre	Sábado	9:00am-6:00pm	1564634
2/4 de Diciembre	Martes/ Jueves	9:00am-6:00pm	1564650



## ***Presentación de Bebe a Salvo \$20***

Este curso ofrece los conocimientos y las habilidades necesarias para ayudar a mantener la vida de un infante y minimizar las consecuencias de lesiones o enfermedades repentinas hasta la llegada de la ayuda médica avanzada.

Los participantes aprenderán a:

**Costo:** \$20  
**Duración del Curso:** 1.5 horas  
**Prerrequisitos:** Ninguno

**Estos clases se pueden arreglar para grupos de 6 o más personas. Llame por favor a nuestra oficina al (704) 347-8214 para programar una clase en Charlotte, Lake Norman o Statesville.**



## Instructor Courses (fee varies)

Each year, the American Red Cross, Greater Carolinas Chapter, teaches lifesaving skills to thousands of individuals to help them protect their families and communities. Our goal is to have at least one family member trained in CPR and First Aid. In each household across America, this is a vigorous challenge and we need your help!

As an American Red Cross instructor, you can train people in your workplace, organization, or community with the skills and knowledge necessary to effectively respond to an emergency situation. "Together, we can save lives."

**Course Bundling:** the American Red Cross now offers the Fundamentals of Instructor course (F.I.T.) and the Lay Responder First Aid & CPR/AED Instructor course for a bundled fee of \$175. You may also choose to take the F.I.T. as a stand alone pre-requisite course for any of the instructor courses offered by the American Red Cross.

## Fundamentals of Instructor Training \$25

This course is a prerequisite for all instructor level courses. Instructor candidates learn the history and structure of the American Red Cross and the activities of the Greater Carolinas Chapter. The course prepares instructor candidates to teach American Red Cross courses to diverse populations and individuals with various learning abilities. Policies and procedures to ensure course consistency, quality and appropriate reporting are also discussed.

Upon successful completion, students receive Fundamentals of Instructor Training. This certificate has no expiration date.

**Course Length:** 4 hours    **Prerequisite:** None

### American Red Cross, Charlotte Headquarters 2425 Park Road, Charlotte, NC 28203

Date	Day	Time	Class ID
Jul-14	Mon	9:00am-1:00pm	1564670
Aug-04	Mon	6:00pm-10:00pm	1564695
Sep-15	Mon	9:00am-1:00pm	1564702
Oct-06	Mon	9:00am-1:00pm	1564706
Nov-12	Wed	6:00pm-10:00pm	1564726
Dec-09	Tue	6:00pm-10:00pm	1564737

### American Red Cross, Lake Norman Branch 200 Overhill Drive, Ste. A, Mooresville, NC 28117

Date	Day	Time	Class ID
Jul-17	Thu	6:00pm-10:00pm	1564740

### American Red Cross, Statesville Branch 1710 B Davie Ave. Statesville, NC 28677

Date	Day	Time	Class ID
Oct-27	Mon	9:00am-1:00pm	1564752

## Lay Responder First Aid & CPR/AED Instructor Class \$150

This course trains instructor candidates to teach basic-level American Red Cross First Aid, CPR and AED courses for lay responders.

Upon successful completion, students receive Lay Responder First Aid & CPR Instructor certificate valid for 2 years. Instructors must teach at least once every two years and complete Instructor updates to remain current.

**Course Length:** 16 hours

**Prerequisite:**

- 16 years of age prior to last date of class.
- Possess *Fundamentals of Instructor Training (FIT)* Certificate, or be a current American Red Cross instructor in another specialty area.
- Pass a pre-course written examination with a score of at least 80 percent on Adult/AED, Child, and Infant CPR & First Aid (administered on the first day of the course).
- Demonstrate competency in skills evaluation in accordance with the established Red Cross standards.
- 

**American Red Cross, Charlotte Headquarters**  
2425 Park Road, Charlotte, NC 28203

Date	Time	Class ID
Jul-15, Jul-16 & Jul-17	9:00am-2:30pm 9:00am-4:00pm 9:00am-4:00pm	1564759
Aug-05, Aug-07, Aug-12 & Aug-14	6:00pm-10:00pm 6:00pm-10:00pm 6:00pm-10:00pm 6:00pm-10:00pm	1564770
Sep-18, Sep-20 & Sep-21	9:00am-2:30pm 9:00am-4:00pm 9:00am-4:00pm	1564883
Oct-07, Oct-08 & Oct-10	9:00am-2:30pm 9:00am-4:00pm 9:00am-4:00pm	1564886
Nov-17, Nov-19, Nov-20 & Nov-21	6:00pm-10:00pm 6:00pm-10:00pm 6:00pm-10:00pm 6:00pm-10:00pm	1564890
Dec-11, Dec-13 & Dec-14	6:00pm-10:00pm 9:00am-4:00pm 9:00am-4:00pm	1564895

**American Red Cross, Lake Norman Branch**  
200 Overhill Drive, Ste. A, Mooresville, NC 28117

Date	Time	Class ID
Jul-22, Jul-24, Jul-29 & Jul-31	6:00pm-10:00pm 6:00pm-10:00pm 6:00pm-10:00pm 6:00pm-10:00pm	1564907

**Note:** the above Lake Norman courses include 1hr lunch.

**American Red Cross, Statesville Branch**  
1710 B Davie Ave. Statesville, NC 28677

Date	Time	Class ID
Oct-28, Oct-29 & Oct-30	9:00am-2:30pm 9:00am-2:30pm 9:00am-4:00pm	1564924



## Lifeguard Instructor Course

Instructor candidates learn to teach Lifeguard Training (including First Aid), CPR for the Professional Rescuer, Lifeguard Management, AED Essentials, Oxygen Administration, Preventing Disease Transmission, Community Water Safety and Basic Water Rescue.

Upon successful completion, students receive a Lifeguard Instructor certificate valid for 2 years if you teach within that time period.

**Course Length:** 27 hours

**Prerequisite:**

- 17 years of age prior to last date of class.
- Possess *Fundamentals of Instructor Training (FIT)* Certificate, or be a current American Red Cross instructor in another specialty area.
- Successfully pass pre-course exam which includes written test and swim test.
- Successfully complete pre-course on first day of course which includes:
  - ✓ Swim 300 yards (front crawl & breaststroke)
  - ✓ 20 yard swim & brick retrieval from 7-10 depth of water (timed skill)

**Fee:** Set by individual Aquatic Facilities

Course is offered on various dates at several locations throughout the Greater Carolinas Area.

Call your local Aquatics Authorized Provider for the most current schedule (see page 34).

## Water Safety Instructor Course

Instructor candidates learn how to teach water safety education, including the Basic Water Rescue course, Learn to Swim Program (6 levels) and the Parent and Child Aquatics course.

Upon successful completion, students receive Water Safety Instructor certificate valid for 3 years if you teach annually within that time period.

**Course Length:** 30 hours

**Prerequisite:**

- 16 years of age prior to last date of class.
- Possess *Fundamentals of Instructor Training (FIT)* Certificate, or be a current American Red Cross instructor in another specialty area.
- Successfully pass pre-course exam which includes: swimming 25 yards of front crawl, back crawl, breaststroke, elementary backstroke, sidestroke and 15 yards of butterfly; maintain position on back 1 minute in deep water (float or sculling); tread water for 1 minute.

**Fee:** Set by individual Aquatic Facilities

Course is offered on various dates at several locations throughout the Greater Carolinas Area.

Call your local Aquatics Authorized Provider for the most current schedule (see page 34).

## Basic HIV/AIDS Instructor Course

This program trains individuals to facilitate factually accurate, nonjudgmental, and culturally appropriate HIV/AIDS prevention education sessions with individuals of all backgrounds.

Upon successful completion, students receive HIV/AIDS Instructor certificate. You must teach a minimum of 1 class annually to maintain certification.

**Course Length:** 24 hours

**Prerequisite:** At least 17 years of age by the last day of course.

**Fee:** \$125

**\*NOTE:** Culturally specific teaching materials available for presentations to African American participants and Spanish speaking participants.

**\*NOTE:** Please contact the Charlotte Headquarters if you are interested in registering to become a Basic HIV/AIDS Instructor.



[Basic  
HIV/AIDS  
Program](#)



[African  
American  
HIV/AIDS  
Program](#)



[Hispanic  
HIV/AIDS  
Program](#)



[Workplace  
HIV/AIDS  
Program](#)



[Programs for  
Youth](#)

# Aquatics (fee varies)

## **Lifeguard Training**

Teaches lifeguard candidates the skills and knowledge needed to prevent and respond to aquatic emergencies.

Participants receive Lifeguard Training and First Aid certifications valid for 3 years, CPR/AED for the Professional Rescuer certification valid for 1 year, program text and pocket mask.

*Call your local Aquatics Authorized Provider for the most current schedule (see page 34).*

**\*NOTE: course fee set by individual facilities.**

**Course Length:** 31 hours

**Prerequisite:**

- 15 years of age prior to last date of class.
- Successfully complete pre-course exam on the first day of the course, including:
  - ✓ Swim 300 yards (front crawl & breaststroke)
  - ✓ 20 yard swim & brick retrieval from 7-10ft. depth of water (timed skill)

## **Lifeguard Review Course**

This review session gives currently certified lifeguards an opportunity to review, practice and test out of Lifeguard Training, First Aid, CPR/AED for the Professional Rescuer, and Oxygen Administration.

Students must bring CPR pocket masks or purchase a new one from the Red Cross for \$15, prior to course start date. **Extra CPR masks will not be available at the class.**

Participants receive Lifeguard Training and First Aid certifications valid for 3 years, CPR/AED for the Professional Rescuer certification valid for 1 year.

*Call your local Aquatics Authorized Provider for the most current schedule (see page 34).*

**\*NOTE: course fee set by individual facilities.**

**Course Length:** at least 12 hours

**Prerequisites:**

- 15 years of age.
- Students must provide a copy of current Lifeguard/CPR/PR certifications.

- Successfully complete pre-course exam on the first day of the course, including:
  - ✓ Swim 300 yards (front crawl & breaststroke)
  - ✓ 20 yard swim & brick retrieval from 7-10ft depth of water (timed skill)

## **Lifeguard Management**

The purpose of the Lifeguard Management course is to provide participants with the skills and knowledge needed to effectively manage lifeguards and create an environment that keeps patrons, lifeguards, and the aquatic facility safe.

Fee includes course text with CD-Rom.

Upon successful completion, students receive Lifeguard Management certification valid as long as the Lifeguard Training Instructor certificate is maintained.

*Call your local Aquatics Authorized Provider for the most current schedule (see page 34).*

**Course Length:** 7 hours

**Prerequisite:** Recommended for individuals with lifeguard or management experience.

**Course Fee:** \$40

## **Safety Training for Swim Coaches**

Provides training in aquatic safety for competitive swim coaches, officials, athletic trainers, athletes participating in aquatic activities, aquatic exercise trainers and other individuals involved in aquatic competition and/or exercise programs.

Upon successful completion, students receive Safety Training for Swim Coaches certification valid for three years.

*Call your local Aquatics Authorized Provider for the most current schedule (see page 34).*

**Course Length:** 8 hour minimum

**Prerequisite:** None

**Course Fee:** \$20

# Swim Lessons (fee varies)

**Make Sure Your Child  
Learns to Swim  
From the Most Trusted Name in Aquatic Training  
. . . American Red Cross**

The American Red Cross has been the leader in aquatic training for more than 90 years. The American Red Cross Learn-to-Swim Program offers a complete program for swimmers of all ages and levels – from beginners to advanced – for children from 6 months through adults of any age. Whether you are looking for instruction for yourself or family, the American Red Cross offers a course to meet your needs.

## **Parent and Child Aquatics**

The Parent and Child Aquatics Swim Program builds swimming readiness for children ages 6 months to 5 years by emphasizing fun in the water.

## **Learn-to-Swim Levels 1-6**

American Red Cross Learn-to-Swim features a unique six-level approach. Courses are fun, interactive and taught by Red Cross-trained water safety instructors. The prerequisite for each level is successful demonstration of the skills taught in the preceding level. Beginners start at Level 1, which has no prerequisite.

## **Adult Swim Lessons**

American Red Cross swim instruction is available for adults with various swimming abilities and experiences.

## **Land Based Water Safety Presentations**

Whale's Tales, General Water Safety, Water Safety Today, and Home Pool Safety presentations are available at your neighborhood pool and Greater Carolinas American Red Cross. Please call to inquire about scheduling presentations at your home, civic group, or association.

**For more information and for a schedule of American Red Cross Learn-to-Swim classes, please contact your local Aquatics Authorized Provider. See page 34 for a list of Greater Carolinas Aquatics Authorized Providers.**



# Aquatics Facilities

## Authorized Providers of Red Cross Water Safety, Swimming and Lifeguard Courses

The Red Cross works with Authorized Providers of our aquatics programs to ensure that training options are available throughout the year. Authorized providers are American Red Cross trained and certified instructors.

Please note, the individual authorized provider selects which aquatics programs to offer and sets their schedule. Call your local aquatics authorized provider to confirm the program you would like to take is offered at the facility. If you need additional assistance, please call 704.347.8214.

Authorized Provider	Address	City	Phone
Carolina Pool Management	40 Odell School Rd. Unit #4	Concord	704-788-7946
Charlotte Aquatics	7835 Little Avenue	Charlotte	704-341-9673
Charlotte Christian School, Swim Club	7823 Sardis Road	Charlotte	704-364-8055
Charlotte Safety Training Services	<a href="mailto:Coachbrian76@gmail.com">Coachbrian76@gmail.com</a>	Charlotte	704-281-4986
Charlotte Swim Club Management	15806 Brookway Dr. Ste. 200C	Huntersville	704-766-2726
Dowd YMCA	400 E. Morehead Street	Charlotte	704-716-6116
Harris YMCA	5900 Quail Hollow Drive	Charlotte	704-716-6852
Jewish Community Center	5007 Providence Road	Charlotte	704-944-6745
Johnston YMCA	3025 N. Davidson Street	Charlotte	704-716-6362
McCrary YMCA	3801 Beatties Ford Road	Charlotte	704-716-6500
Mecklenburg Aquatic Club	9850 Providence Rd.	Charlotte	704-846-5335
Mecklenburg County Aquatic Center	800 East 2nd Street	Charlotte	704-336-3483
Morris Family YMCA @ Ballantyne	9405 Bryant Farms Rd	Charlotte	704-716-4650
Open Water Adventures	12210 N USA HWY 29	Charlotte	704-547-5991
Ray's Splash Planet	215 N. Sycamore St.	Charlotte	704-432-1141
Simmons YMCA	6824 Democracy Drive	Charlotte	704-716-6600
Siskey YMCA	3127 Weddington Road	Matthews	704-716-4258
UNC-Charlotte	9201 University City Blvd	Charlotte	704-547-2560
University City YMCA	8100 Old Mallard Creek Road	Charlotte	704-716-6725
Uptown YMCA	301 S. College Street Ste. 200	Charlotte	704-716-6454
US Aquatics Carolina	358 Crompton Street Ste. B-103	Charlotte	704-504-3317
YWCA of the Central Carolinas	3420 Park Rd.	Charlotte	704-525-5770

## Product & Resale Items

**Lifesaving CPR Steps and Steps for Choking Emergencies Posters**  
**Stock No. 656704 (CPR Poster)/6567603 (Choking poster), pkg/5,**  
**\$19.75/pkg**

These lifesaving posters include color photos of skill steps for responding to a choking or cardiac emergency in an infant, child or adult. **Posters are printed in English on one side and Spanish on the other side.**



### Emergency Action Steps Wallet Card

**Stock No. 656705 (English)/656707 Emergency (Spanish), pkg/25, \$2.65/pkg**

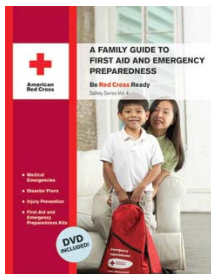
One side of this tri-fold wallet card provides full-color images and step-by-step directions for responding to a choking emergency. The other side includes images and directions for responding to a cardiac emergency with lifesaving CPR for adults, children and infants. **Also available in Spanish**

### American Red Cross CPR Mask with Oxygen Inlet

**Stock No. 321369, \$9.95**

This FDA-approved, latex-free mask provides protection against transferring fluids between a victim and rescuer. The mask meets American Red Cross requirements for use in Lifeguarding and Emergency Response courses, and is packaged with the supplies needed to properly train and respond to breathing emergencies, including:

- 1 mask with head strap and one-way valve
- 1 replacement one-way valve
- 1 pair of non-latex gloves
- 2 packets alcohol wipes
- 1 instruction guide
- 1 plastic case with waist clip



### A Family Guide to First Aid and Emergency Preparedness

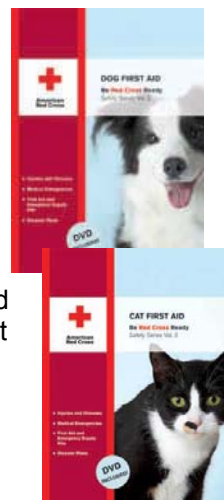
**Stock No. 656802, \$16.95**

Developed specifically for families, this guide covers building a family emergency plan, emergency supplies lists, evacuation plans and first aid emergencies. Includes a DVD.

### Dog and Cat First Aid

**Stock No. 657780/657781, \$16.95/ea**

From basic pet owner responsibilities, like spaying, neutering and administering medications to managing breathing or cardiac emergencies and preparing for disasters, Dog First Aid and Cat First Aid offer information and advice pet owners can trust. Both feature an easy-to-use first aid reference guide covering nearly 70 topics and an accompanying DVD that shows how to manage urgent care situations, including car accidents; wounds; electrical shock; and eye, foot and ear injuries.



Trained. Empowered. Prepared.

